FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

ashington,	D.C.	20549		

OMB APPROVAL 3235-0287 Estimated average burden

0.5

hours per response:

Check this box if no longer subject
to Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(h)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Last) (First) (Middle) 1100 CAMPUS ROAD 3. Date of Earliest Transaction (Month/Day/Year) (Street) PRINCETON NJ 08540 Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned Features (Month/Day/Year) 1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned Features (Month/Day/Year) (Month/Day/Year) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned Features (Month/Day/Year) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned Features (Month/Day/Year) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned Features (Instr. 3 and 4) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned Features (Instr. 3 and 4) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned Features (Month/Day/Year) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned Features (Month/Day/Year) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned Features (Month/Day/Year) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned Features (Month/Day/Year) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned Features (Month/Day/Year) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned Features (Month/Day/Year) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned Features (Month/Day/Year) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned Features (Month/Day/Year) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned Features (Month/Day/Year) Table II - Derivative Securities Acquired (Month/Day/Year) Table II - Derivative Securities Acquired (Month/Day/Year) Table II - Derivative Securities Acquired (Month/Day/Year) Table II - Non-Derivative Securities Acquired (Month/Day/Ye	Name and Address of Reporting Person* Mosebrook Jeffrey				2. Issuer Name and Ticker or Trading Symbol INTEGRA LIFESCIENCES HOLDINGS CORP [IART]								Check	all app	p of Reporting F plicable) ctor er (give title		son(s) to Is 10% O	/ner			
City Ranceton NJ 08540 State City (State) (Zip) X Form filed by One Reporting Person Form filed by More than One Report Form filed by More than One filed by More than One filed Form filed by More filed by More than One filed Form filed by More file				` ' '								Λ	belov	v) ``	inc A	below)					
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction Code (Instr. 8) 3. Transaction Code (Instr. 8) 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5) Securities Deneficially Owned Following Reported Transaction(S) (Instr. 3 and 4) 5. Amount of Securities Deneficially Owned (Instr. 3) 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) 8. Price of Derivative Securities Acquired (B) or Date (Month/Day/Year) 7. Table II - Derivative Securities Acquired (B) or Date (Instr. 3) 8. Price of Derivative Securities Deneficially Owned (Instr. 3) 8. Price of Derivative Securities Deneficially Owned (Month/Day/Year) 9. Number of Derivative Securities Deneficially Owned (Month/Day/Year) 1. Title of Derivative Securities (Month/Day/Year) 1. Title of Derivative Securities Date (Month/Day/Year) 1. Title of Derivative Securities Date (Month/Day/Year) 1. Title of Derivative Securities Date (Month/Day/Year) 2. Date Exercisable and Expiration Date (Month/Day/Year) 3. Transaction Date (Instr. 3) 4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) 8. Price of Derivative Securities Deneficially Owned (Instr. 3) 9. Number of Derivative Securities Date (Month/Day/Year) 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) 10. Ownership Form: Direct (I) (Instr. 4) 11. Title of Date Securities Date (Instr. 3) 12. Date Securities Date (Instr. 3) 13. Transaction Date (Instr. 3) 14. Securities Acquired (A) or Disposed of (D) (Instr. 3) 15. Number Of Date (Instr. 3) 16. Ownership Form: Direct (I) (Instr. 3) 17. Title of Date Securities Date (Instr. 3) 18. Price of Derivative Securities Date (Instr. 3) 19. Ownership Form: Direct (I) (Instr. 3) 10. Ownership Form: Direct (I)	PRINCE					4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)								ine)	Form Form	orm filed by One Reporting Person form filed by More than One Reporting				
Date (Month/Day/Year) Price (Month/Day/Year) Date (Month/Day/Year) Dat			Table	I - No	on-Deriva	tive S	Secui	rities	Acc	quirec	d, Dis	sposed of	, or B	enefic	ially	Own	ed				
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Explanation of Responses:

Remarks:

/s/ Eric Schwartz; Attorney-in-

Fact

** Signature of Reporting Person Date

12/08/2022

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.