FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

l	OMB APPRO	OVAL						
l	OMB Number:	3235-0287						
l	Estimated average burden							
l	hours per response:	0.5						

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* SCHADE CHRISTIAN S						2. Issuer Name and Ticker or Trading Symbol INTEGRA LIFESCIENCES HOLDINGS CORP [IART]									all applic	cable) or	ig Per	son(s) to Iss	vner	
	ast) (First) (Middle) MEDAREX 07 STATE ROAD					Date (t Tran	saction (M	onth/[Day/Year)			officer below)	(give title		Other (s below)	specify		
(Street) PRINCE (City)			08540 (Zip)			4. If Amendment, Date of Original Filed (Month/Day/Year) 08/21/2008									is. Individual or Joint/Group Filing (Check Applic Line) X Form filed by One Reporting Person Form filed by More than One Reportin Person					
		Tab	le I - Noi	n-Deriv	/ative	Se	curitie	s Ac	quired,	Dis	posed o	of, or Be	neficia	lly C	Owned	l				
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date) Common Stock 08/19/						ar)	2A. Deemed Execution Date, if any (Month/Day/Year)		Code (Transaction Dispose Code (Instr. 5)		ities Acqui d Of (D) (In		4 and Secu Bene Own		es ally Following	Form (D) o	: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	(A) o	r Price	١.	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
					9/2008	2008			A		630	A	\$0.0	00	1,	,853		D		
		ī	able II -						uired, D s, option					y Ov	wned				•	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deeme Execution if any (Month/Da	Date,	4. Transa Code (1 8)		n of		6. Date Exercisa Expiration Date (Month/Day/Yeai			Amount of Securities Underlying Derivative	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		Price of rivative curity str. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	e s illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)		Date Exercisab		kpiration ate	Title	Amount or Number of Shares							
Non- Qualified Stock Option (right to	\$47.63	08/19/2008			A		7,500		(1)	08	8/19/2016	Common Stock	7,500	\$	\$0.00	7,500		D		

Explanation of Responses:

1.25% of the opitons vest every quarter from the grant date of 8/19/2008.

/s/ Kathryn Lamping, 12/09/2008 Attorney-in-fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.