Instruction 1(b).

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549	
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL										
	OMB Number: 3235-0287 Estimated average burden										
	hours per response: 0.										

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*      McBreen Michael J.      (Last) (First) (Middle)					INTEGRA LIFESCIENCES HOLDINGS  CORP [ IART ]  3. Date of Earliest Transaction (Month/Day/Year)										all app Direc Office below	er (give title v)		10% Ov Other (s below)	vner
1100 CAMPUS ROAD					03/07/2023									<u> </u>	EVP & Pre	side	nt, CSS		
(Street) PRINCETON NJ 08540			4. If Amendment, Date of Original Filed (Month/Day/Year)							Indiv ne) X	ividual or Joint/Group Filing (Check Applicable  Form filed by One Reporting Person  Form filed by More than One Reporting								
(City)	(Sta	ate) (Z	Zip)											Person					
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3)  2. Transaction Date (Month/Day/Ye			ear) E	2A. Deemed Execution Date, if any (Month/Day/Year)		,   7	3. Transaction Code (Instr. 8)  4. Securities Additional Disposed Of (Disposed Of (			Acquired (A) or D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported		m: Direct or rect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
							٥	Code	v	Amount	(A) or (D)	Price		Transa	saction(s) r. 3 and 4)			(11301. 4)	
Common Stock 03/07/2023			:3				S		1,843	D	\$54.294	28,796		8,796		D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Exe if ar	Deemed cution Date, ny nth/Day/Year)	4. Transa Code ( 8)				Expiration Date (Month/Day/Year)			Amo Secu Unde Deriv	Amount		vative irity r. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ov Fo Dii or (I)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code V (A) (D		(D)	Date Exe	e ercisable	Expiration Date	Title	Number of Shares							

## **Explanation of Responses:**

1. The price shown above represents the weighted average price of the shares sold. The range of the sale prices was \$54.2931 to \$54.3001. The reporting person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in footnote (1) to this Form 4.

## Remarks:

/s/ Eric Schwartz; Attorney-in-03/08/2023

**Fact** 

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.