FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL									
OMB Number:	3235-028								
Estimated average b	ourden								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

### Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

37 hours per response: 0.5

					01 (	Occi	1011 00(11)	or tile i	iiiv courier		iipaiiy Act	01 10-										
1. Name and Address of Reporting Person*						2. Issuer Name <b>and</b> Ticker or Trading Symbol INTEGRA LIFESCIENCES HOLDINGS										5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
MOREL DONALD E JR					CORP [ IART ]									X	Direc	ctor	1	0% Ov	wner			
						1										Offic belov	er (give title		ther (s	specify		
(Last) (First) (Middle) 311 ENTERPRISE DRIVE					3. Date of Earliest Transaction (Month/Day/Year) 05/24/2016										belowy		b	below)				
(Street)					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)										6. Individual or Joint/Group Filing (Check Applicable Line)						
PLAINSI	BORO 1	RO NJ 08		536												X Form filed by One Reporting Person						
(City)	(:	State)	(Zip)		-										Form filed by More than One Reporting Person					orting		
		Tab	le I - Noi	n-Deriv	vative	e Se	ecuritie	s Ac	quired,	Dis	posed o	f, or	Ben	efici	ally	Owne	ed					
Date				Date			2A. Deemed Execution Date, if any (Month/Day/Year)		Transaction Dispose Code (Instr. 5)		Disposed	rities Acquired (A) ed Of (D) (Instr. 3,				5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
								Code	v	Amount	(A) or (D)		Price	Trans		action(s) 3 and 4)			(111311. 4)			
Common	Common Stock 05			05/2	4/2016	6			A		2,341	1 A		\$0.	00	00 11,784 <sup>(1)</sup>		D				
		Ta	able II - I )						,		sed of, onvertib				уΟι	vned						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deem Execution if any (Month/Da	ay/Year) R		Transaction Code (Instr.		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)				9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownershij Form: Direct (D) or Indirect (I) (Instr. 4	ship (D) rect	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercisal		Expiration Date	Title	or Nur of	ount mber ires								

# **Explanation of Responses:**

1. Includes 358 shares of common stock issued as restricted stock pursuant to the anti-dilution provisions of the award in connection with the spin-off of SeaSpine Holdings Corporation on July 1, 2015

## Remarks:

/s/ Richard D. Gorelick; 05/26/2016 Attorney-in-Fact

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.