UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

SCHEDULE 13G

Under the Securities Exchange Act of 1934

(Amendment No. 5)*

	Integra LifeSciences Holdings Corp. (Name of Issuer)	
	Common Stock	
	(Title of Class of Securities)	
457985208		
	(CUSIP Number)	
_	December 31, 2021	
	(Date of Event Which Requires Filing of this Statement)	
Check the appropriate box to designate the rule pursuant to which this Schedule is filed:		

- [X] Rule 13d-1(b)[] Rule 13d-1(c)
- [] Rule 13d-1(d)

The information required in the remainder of this cover page shall not be deemed to be "filed" for the purpose of Section 18 of the Securities Exchange Act of 1934 (the "Act") or otherwise subject to the liabilities of that section of the Act, but shall be subject to all other provisions of the Act (however, see the Notes.)

^{*} The remainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter the disclosures provided in a prior cover page.

CUSIP No. 457985208

NAMES OF REPORTING PERSONS I.R.S. IDENTIFICATION NO. OF ABOVE PERSONS (ENTITIES ONLY)		
Capital Research Global Investors 95-1411037		
CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP*		
(a) [] (b) []		
SEC USE ONLY		
CITIZENSHIP OR PLACE OF ORGANIZATION		
Delaware		
5. SOLE VOTING POWER	8,209,107	
6. SHARED VOTING POWER	0	
7. SOLE DISPOSITIVE POWER	8,219,133	
8. SHARED DISPOSITIVE POWER	0	
AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON		
8,219,133 Beneficial ownership disclaimed pursuant to Rule 13d-4		
CHECK IF THE AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES		
[]		
PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9)		
9.7%		
TYPE OF REPORTING PERSON		
IA		
	Capital Research Global Investors 95-1411037 CHECK THE APPROPRIATE BOX IF A Management of the control of the c	

	(a)	Name of Issuer Integra LifeSciences Holdings Corp.				
	(b)	Address of Issuer's Principal Executive Offices 1100 Campus Road, Princeton, NJ 8540				
Item 2.						
	(a)	Name of Person Filing Capital Research Global Investors				
	(b)	Address of Principal Business Office or, if None, Residence 333 South Hope Street, 55th Fl, Los Angeles, CA 90071				
	(c)	Citizenship N/A				
	(d)		f Class of Securities on Stock			
	(e)	CUSIP Number 457985208				
Item 3.	If This Statement is Filed Pursuant to Rule 13d-1(b), or 13d-2(b) or (c), Check Whether the Person Filing is a					
	(a)	[]	Broker or dealer registered under Section 15 of th	ne Act (15 U.S.C. 78o).		
	(b)	[]	Bank as defined in Section 3(a)(6) of the Act (15	U.S.C. 78c).		
	(c)	[]	Insurance Company as defined in Section 3(a)(19) of the Act (15 U.S.C. 78c).		
	(d)	[]	Investment Company registered under Section 8 c U.S.C. 80a-8).	of the Investment Company Act of 1940 (15		
	(e)	[X]	An investment adviser in accordance with Rule 24	40.13d-1(b)(1)(ii)(E);		
	(f)	[]	An employee benefit plan or endowment fund in accordance with Rule 240.13d-1(b)(1)(ii)(F);			
	(g)	[]	A parent holding company or control person in ac	ccordance with Rule 240.13d-1(b)(1)(ii)(G);		
	(h)	[]	A savings association as defined in Section 3(b) of the Federal Deposit Insurance Act (12 U.S.C. 1813);			
	(i)	[]	A church plan that is excluded from the definition (14) of the Investment Company Act of 1940 (15			
	(j)	[]	Group, in accordance with Rule 240.13d-1(b)(1)(ii)(J).		
Item 4.	Owne	ership.				
Provide identifie		_	ormation regarding the aggregate number and percen	ntage of the class of securities of the issuer		
	(a)	Amour	t Beneficially Owned:			
		8,219,133 **				
	(b)	Percen	of Class:			
		9.7%				
	(c)	Numbe	r of shares as to which such person has:			
		(i)	sole power to vote or to direct the vote	8,209,107		
		(ii)	shared power to vote or to direct the vote	0		
		(iii)	sole power to dispose or to direct the disposition of	8,219,133		
		(iv)	shared power to dispose or to direct the disposition of	0		
well as it Capital I	ts invest nternati	ment ma onal Lim	al Investors ("CRGI") is a division of Capital Resear nagement subsidiaries and affiliates Capital Bank an ited, Capital International Sarl, Capital International C, the "investment management entities"). CRGI's di	nd Trust Company, Capital International, Inc., K.K., and Capital Group Private Client Services,		

Item 1.

entities collectively provide investment management services under the name "Capital Research Global Investors." CRGI is deemed to be the beneficial owner of 8,219,133 shares or 9.7% of the 84,699,539 shares believed to be outstanding.

Item 5. Ownership of Five Percent or Less of Class.

If this statement is being filed to report the fact that as of the date hereof the reporting person has ceased to be the beneficial owner of more than five percent of the class of securities, check the following: []

Item 6. Ownership of More than Five Percent on Behalf of Another Person.

AMCAP Fund

Item 7. Identification and Classification of the Subsidiary Which Acquired the Security Being Reported on by the Parent Holding Company.

Not Applicable

Item 8. Identification and Classification of Members of the Group.

Not Applicable. This schedule is not being filed pursuant to Rule 13d-1(b)(1)(ii)(J) or Rule 13d-1(d).

Item 9. Notice of Dissolution of Group.

Not Applicable

Item 10. Certification.

By signing below, I certify that, to the best of my knowledge and belief, the securities referred to above were acquired and are held in the ordinary course of business and were not acquired and are not held for the purpose of or with the effect of changing or influencing the control of the issuer of the securities and were not acquired and are not held in connection with or as a participant in any transaction having that purpose or effect.

SIGNATURE

After reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in this statement is true, complete and correct.

Capital Research Global Investors

By: <u>/s/ Donald H. Rolfe</u> Date: February 14, 2022 Name: Donald H. Rolfe

Title: Senior Vice President and Senior Counsel, Fund Business Management Group, Capital Research and

Management Company