FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

OMB Number: Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

			or Section 30(n) of the investment Company Act of 1940			
1. Name and Address HENNEMAN	ss of Reporting Person	n*	2. Issuer Name and Ticker or Trading Symbol INTEGRA LIFESCIENCES HOLDINGS CORP [IART]		tionship of Reporting Perso : all applicable) Director Officer (give title below)	n(s) to Issuer 10% Owner Other (specify below)
(Last) 311 C ENTERPI	(First) RISE DRIVE	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 06/13/2008		EVP, Finance & Adm	,
(Street) PLAINSBORO	NJ	08536	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indiv Line) X	ridual or Joint/Group Filing (Form filed by One Report Form filed by More than O Person	ing Person
(City)	(State)	(Zip)			. 0.00	

(City) (State)	(Zip)							Person				
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1. Title of Security (Instr. 3) 2. Transaction Date 2. Transaction Date 2. Transaction Execution Date, Transaction Date, Transaction Disposed Of (D) (Instr. 3, 4 and Securities Securities Securities Form: Direct of Indirect Of Indire												
	(Month/Day/Year)		Code (Instr. 8)		5)	(A) or		Securities Beneficially Owned Following Reported Transaction(s)	Form: Direct (D) or Indirect (I) (Instr. 4)	of Indirect Beneficial Ownershi (Instr. 4)		
			Code	٧	Amount	(D)	Price	(Instr. 3 and 4)				
Common Stock	06/13/2008		M ⁽¹⁾		10,000	A	\$14.87	38,072	D			
Common Stock	06/13/2008		S		42	D	\$44.89	38,030	D			
Common stock	06/13/2008		S		758	D	\$44.9	37,272	D			
Common stock	06/13/2008		S		200	D	\$44.91	37,072	D			
Common Stock	06/13/2008		S		700	D	\$44.92	36,372	D			
Common Stock	06/13/2008		S		800	D	\$44.93	35,572	D			
Common Stock	06/13/2008		S		300	D	\$44.94	35,272	D			
Common Stock	06/13/2008		S		1,000	D	\$44.95	34,272	D			
Common Stock	06/13/2008		S		200	D	\$44.96	34,072	D			
Common Stock	06/13/2008		S		100	D	\$44.98	33,972	D			
Common Stock	06/13/2008		S		500	D	\$44.99	33,472	D			
Common Stock	06/13/2008		S		100	D	\$45	33,372	D			
Common stock	06/13/2008		S		100	D	\$45.05	33,272	D			
Common Stock	06/13/2008		S		100	D	\$45.07	33,172	D			
Common Stock	06/13/2008		S		100	D	\$45.06	33,072	D			
Common Stock	06/13/2008		S		100	D	\$44.7	32,972	D			
Common Stock	06/13/2008		S		100	D	\$44.72	32,872	D			
Common Stock	06/13/2008		S		200	D	\$44.73	32,672	D			
Common Stock	06/13/2008		S		100	D	\$44.77	32,572	D			
Common Stock	06/13/2008		S		200	D	\$44.78	32,372	D			
Common Stock	06/13/2008		S		100	D	\$44.79	32,272	D			
Common Stock	06/13/2008		S		100	D	\$44.8	32,172	D			
Common Stock	06/13/2008		S		200	D	\$44.82	31,972	D			
Common stock	06/13/2008		S		100	D	\$44.84	31,872	D			
Common Stock	06/13/2008		S		1,700	D	\$44.85	30,172	D			
Common Stock	06/13/2008		S		800	D	\$44.86	29,372	D			
Common Stock	06/13/2008		S		500	D	\$44.87	28,872	D			
Common Stock	06/13/2008		S		700	D	\$44.88	28,172	D			
Common Stock	06/13/2008		S		100	D	\$44.89	28,072	D			

	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)														
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		5. Number of Expiration Date (Month/Day/Year) Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Non- Qualified Stock Option (right to buy)	\$ 14.87	06/13/2008		M ⁽¹⁾			8,331	(2)	08/02/2008	Common Stock	8,331	\$0.00	0	D	
Incentive Stock Option (right to buy)	\$14.87	06/13/2008		M ⁽¹⁾			835	(3)	08/02/2008	Common Stock	835	\$0.00	0	D	
Incentive Stock Option (right to buy)	\$14.87	06/13/2008		M ⁽¹⁾			834	(4)	08/02/2008	Common Stock	834	\$0.00	0	D	

Explanation of Responses:

- 1. The transactions reported on this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on December 13, 2007.
- 2. 25% of the options vested one year after the 8/2/2002 grant date, and the remaining 75% vested monthly thereafter over 36 months.
- 3. The options covering 1 share vested on 12/2/2004 and the remaining options covering 834 shares vested on 8/2/2006.
- 4. The options covering 834 shares vested on 8/2/2006.

/s/ Kathryn Lamping, Attorney-in-fact 06/16/2008

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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