FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

| OMB APPROVAL | | | | | | | | | |
|--------------------------|-----------|--|--|--|--|--|--|--|--|
| OMB Number: | 3235-0287 | | | | | | | | |
| Estimated average burden | | | | | | | | | |
| hours per response: | 0.5 | | | | | | | | |

| | Check this box if no longer subject |
|---------------|-------------------------------------|
| $\overline{}$ | to Section 16. Form 4 or Form 5 |
| \cup | obligations may continue. See |
| | Instruction 1(b). |

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name ar | 2. Issuer Name and Ticker or Trading Symbol INTEGRA LIFESCIENCES HOLDINGS CORP [IART] | | | | | | | | | | | p of Reportion of | ng Pe | erson(s) to I | | | | | |
|--|---|--|--|---|--------------------------------|---|-------|---|---|--|---|---|---|------------------------|--------------------------------------|--|--|--|--|
| (Last) (First) (Middle) 1100 CAMPUS ROAD | | | | | | 3. Date of Earliest Transaction (Month/Day/Year) 06/01/2023 | | | | | | | | | Office below | cer (give title ow) President & | | Other (specify below) | |
| (Street) PRINCE | 40 | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | | | | . Indivine) | ridual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | | | | |
| (City) | (St | | Rule 10b5-1(c) Transaction Indication Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10. | | | | | | | | | | | | ended to | | | | |
| 1. Title of Security (Instr. 3) | | | | 2. Transaction Date (Month/Day/Yea | 2A. Deem | | med 3 | | 3. Transaction Code (Instr. 8) | | 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 a | | | r 5. and 5) Se B | | 5. Amount of Securities Beneficially Dwned Following | | n: Direct or rect (I) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) |
| Common Stock | | | 4 | 06/01/2023 | 13 | | C | | ode | v . | 7,792 | (A) or (D) | Price \$38,400 | (| | ported insaction(s) str. 3 and 4) | | D | |
| Common Stock 06/01/2023 P 7,792 A \$38.4992(1) 12,798 D | | | | | | | | | | | | | | | | | | | |
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | Exe if a | . Deemed ecution Date, my onth/Day/Year) | 4. Transac Code (I 8) | | | vative rities nired r osed) | Expi (Mor | 6. Date Exercisable and Expiration Date (Month/Day/Year) Date Exercisable Expiration Date | | Amo Secu Unde Deriv Secu (Inst | 7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4) Amount or Number of Title Shares | | rice of vative urity tr. 5) | | | 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 11. Nature of Indirect Beneficial Ownership (Instr. 4) |

Explanation of Responses:

1. The price shown above represents the weighted average price of the shares purchased. The range of the purchase prices was \$38.46 to \$38.50. The reporting person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares purchased at each separate price within the range set forth in footnote (1) to this Form 4.

Remarks:

/s/ Eric Schwartz; Attorney-

06/02/2023

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.