FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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OMB APPROVAL

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* OGRADY JUDITH				<u>IN</u>	2. Issuer Name and Ticker or Trading Symbol INTEGRA LIFESCIENCES HOLDINGS CORP [IART]									Check all	nship of Reportin applicable) Director Officer (give title	10	Person(s) to Issuer 10% Owner Other (specify		
(Last)	(11.100)					3. Date of Earliest Transaction (Month/Day/Year) 06/10/2003									A k	elow) (b	below)	
(Street)					4. If Amendment, Date of Original Filed (Month/Day/Year) 06/13/2003									6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person					
(City)	(St	ate) (.	Zip)												,	More than One Reporting			
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day)					Execution Date,		Transaction Code (Instr.		4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4				nd 5) Se Be Or	Amount of curities eneficially vned Following eported	6. Ownersl Form: Dire (D) or Indir (I) (Instr. 4)	of Ind ect Benef Owne	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
									Code	v	Amount	(<i>A</i>	() or ()	Price	Tr	eported ansaction(s) estr. 3 and 4)		(instr.	(msu. 4)
Common Stock 06/11/2					2003	2003 06/11/2003		2003	S		5,000	D 28.2		28.2	714	2,865	D		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	Conversion Date Execution Date, or Exercise (Month/Day/Year) if any		4. Transaction Code (Instr. 8)		5. Nur of Derive Secur Acqui (A) or Dispo of (D) (Instr. and 5	ative rities ired osed	6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)			8. Price Derivat Securit (Instr. 5	ve derivative Securities	Owners Form: Direct (or Indir (I) (Inst	hip of Ind Bene O) Owne ect (Instr	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	or Nu of	nount mber ares					

Explanation of Responses:

Judith O'Grady

06/13/2003

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.