FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF CHANGE	S IN BENE	FICIAL O	WNERSHIP

OMB APPROVAL

OMB Number:	3235-0287
Estimated average burde	n
hours per response:	0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>HENNEMAN JOHN B III</u>			<u>I</u>	2. Issuer Name and Ticker or Trading Symbol INTEGRA LIFESCIENCES HOLDINGS CORP [IART]						(Che	lationship of ck all applica Director Officer (ble)	Person	10% Owr	ner	
(Last) 311 C ENT	(Firs ΓERPRISE	,	1	3. Date of Earliest Transaction (Month/Day/Year) 11/02/2006						X	below) Chief	Adminis				
(Street) PLAINSB	ORO NJ	C	08536	4.	If Ame	ndment, Da	ate of	Original File	d (Month/Day	//Year)	6. Inc Line)		ed by One F	Reporti		
(City)	(Sta	, ,	Zip)	Dorivati	vo Sc	ouritios	Λος	uirod Di	spaced o	f or Bor	oficially					
1. Title of Security (Instr. 3) 2. Tran Date			Transactio	Execution Date, if any (Month/Day/Year) Execution Date, if any (Month/Day/Year) Transaction Code (Instr. 8) Disposed Of (D) (Instr. 3, 4)		d (A) or r. 3, 4 and 5)	5. Amount of Securities Form Beneficially (D) o		6. Own Form: I (D) or Ir (I) (Inst	Direct In ndirect B r. 4) O	Nature of direct eneficial wnership nstr. 4)					
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date if any (Month/Day/Ye	Code	saction (Instr.	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)	,,,(3)		
Performance Stock	(1)	11/02/2006		A		100,000		(2)(3)	(2)(3)	Common Stock	100,000	\$0	100,000	0	D	

Explanation of Responses:

- 1. Each share of performance stock represents a contingent right to receive one share of the Issuer's common stock.
- 2. On January 3, 2006, the reporting person was granted 100,000 shares of performance stock whereby 100,000 shares of common stock would be issued to the reporting person after the end of the performance period if a predetermined performance goal attributable to the Issuer was attained at any time during the performance period (i.e., January 1, 2006 through December 31, 2008). The performance goal was met, based upon the information provided in the Issuer's press release issued on November 2, 2006; however, the delivery of the shares of stock will not occur until after the end of the performance period since the delivery of the shares requires the certification by the Issuer's Compensation Committee that the related performance goal was satisfied, which certification is expected to occur as soon as practicable following the end of the performance period.
- 3. Notwithstanding the satisfaction of the performance goal for the performance stock, the issuance of the shares subject to the grant is conditioned on the reporting person not experiencing a termination of service for any reason prior to the end of the performance period. The shares will be delivered earlier if the Issuer experiences a change in control prior to the end of the performance period and the reporting person is employed by the Issuer at such time.

/s/ Jeffrey Hellman, Attorneyin-Fact 11/06/2006

** Signature of Reporting Person D

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.