FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* OGRADY JUDITH (Last) (First) (Middle)				<u>IN'</u> <u>CC</u>	2. Issuer Name and Ticker or Trading Symbol INTEGRA LIFESCIENCES HOLDINGS CORP [IART] 3. Date of Earliest Transaction (Month/Day/Year) 06/11/2003									Check all X b	nship of Reporti applicable) virector officer (give title elow) Sr.VP, Regulo	10% C Other below)	owner (specify			
(Street) (City) (State) (Zip)						4. If Amendment, Date of Original Filed (Month/Day/Year) 06/13/2003									Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
		Tabl	e I - Non-D	Deriva	ative	Sec	curitie	s Acc	quired,	, Dis	posed o	f, or	Ben	eficia	ally Ov	vned				
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day				Execution Date,		3. Transaction Code (Instr. 8)		ies Acquired (A) o Of (D) (Instr. 3, 4 a		(A) or 3, 4 an	d 5) Se Be Ov	Amount of curities neficially vned Following ported	Forn (D) c	wnership n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)					
							Code	v	Amount	(A) or (D) Pri		Price	Tra	ansaction(s) str. 3 and 4)			(1113411 4)			
Common Stock 06				06/11/2	/2003 0		06/11/2	2003	S		5,000		D	28.2	714	2,865		D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	L. Title of Operivative Conversion Date Conversion Date Execution Date Execution Date if any		eate, (4. Transaction Code (Instr. 8)		of Deriving Securing Acquing (A) or Dispoing of (D) (Instriand 5	of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		Date Exercisable and Expiration Date Month/Day/Year) Expiration Date Expiration Date		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4) Amount or Number of Title Shares		nstr. 3 nount mber	8. Price Derivati Security (Instr. 5	derivative Securities	/ C	10. Ownership Form: Direct (D) or Indirect I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		

Explanation of Responses:

Judith O'Grady

06/13/2003

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.