## FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APP	OMB APPROVAL							
OMB Number:	3235-0287							
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obligations may continue. See Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940 Instruction 1(b)

1. Name and Address of Reporting Person*  Arduini Peter J					<u>IN</u>	2. Issuer Name and Ticker or Trading Symbol  INTEGRA LIFESCIENCES HOLDINGS  CORP [ IART ]									5. Relationship of (Check all applica X Director X Officer (g		g Pers	on(s) to Issu 10% Ow Other (s	ner	
(Last) 311 C ENT	`	,	Middle)			3. Date of Earliest Transaction (Month/Day/Year) 02/23/2016										President & (			peony	
(Street) PLAINSB (City)			98536 Zip)		4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Ind Line)						
1. Title of Security (Instr. 3)  2. Trans Date (Month/					3. Transaction Code (Instr. 8)  3. 4. Securities Acquired Disposed Of (D) (Instr.			red (A	) or	5. Amoun	s Illy ollowing	Form (D) or	: Direct Indirect Istr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)						
			02/23	02/23/2016				Code	v	Amount 6.783 <sup>(1)</sup>	(A) (D)		Price \$0.00	Transacti (Instr. 3 a	on(s) nd 4)	D				
Common S						3/2016				A	14,384	_	-	\$0.00	37,938 <sup>(2)</sup>		D			
Common S	tock			02/23	3/2016				A		12,285	(4) A		\$0.00	50,2	23 <sup>(2)</sup>		D		
		7	able II -								osed of, convertib			-	Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/D	n Date,	4. Transaction Code (Instr 8)				6. Date I Expiration (Month/I	on Da		7. Title and Am of Securities Underlying Derivative Sec (Instr. 3 and 4)		curity	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	Owr Fori Bly Dire or Ir (I) (I	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisa	able	Expiration Date	Title	or Nu of	umber						
Performance Stock	(5)	02/23/2016			A		14,800		(5)		(5)	Commo	n 14	4,800	\$0.00	21,789	(6)	D		

## Explanation of Responses:

- 1. On February 23, 2016, the Compensation Committee certified that the Company achieved (i) its performance goal for fiscal year 2015, at least a 3% increase in annual revenue over the prior fiscal year, under the March 25, 2013 Performance Stock Award and (ii) the catch-up performance goal during the performance period from 2013 through 2015 for the March 25, 2013 Performance Stock Award, a compound annual growth rate in the Company's annual revenue equal to or greater than 3% from the Company's 2012 fiscal year. Accordingly, 67% of the shares will vest on March 25, 2016, the third anniversary of the
- 2. Includes 464 shares of common stock issued as restricted stock pursuant to the anti-dilution provisions of the award in connection with the spin-off of SeaSpine Holdings Corporation on July 1, 2015.
- 3. On February 23, 2016, the Compensation Committee certified that the Company achieved its performance goal for fiscal year 2015, at least a 3% increase in annual revenue over the prior fiscal year, under the March 24, 2014 Performance Stock Award. Accordingly, 33% of the shares will vest on March 24, 2016, the second anniversary of the grant date.
- 4. On February 23, 2016, the Compensation Committee certified that the Company achieved its performance goal for fiscal year 2015, at least a 3% increase in annual revenue over the prior fiscal year, under the March 23, 2015 Performance Stock Award. Accordingly, 33% of the shares will vest on March 23, 2016, the first anniversary of the grant date.
- 5. On February 23,2016,the Compensation Committee certified that the Company achieved (i)its performance goal for fiscal year 2015, at least a 3% increase in annual revenue over the prior fiscal year, under the March 25,2013 Performance StockAward and (ii)the catch-up performance goal during the performance period from 2013 through 2015 for the March 25,2013 Performance Stock Award, a compound annual growth rate in the Company's annual revenue equal to or greater than 3% from the Company's 2012 fiscal year. Accordingly, 67% of the shares will vest on March 25,2016, the third anniversary of the grant date and will be distributed to Mr. Arduini within 30 days following the first business day that occurs immediately following the six month period after the date of his separation of service as deferred compensation. This performance stock award is subject to accelerated vesting upon termination of employment by reason of death, disability, without cause, or termination by Mr. Arduini for good reason

6. Includes 942 shares of common stock issued as deferred performance stock pursuant to the anti-dilution provisions of the award in connection with the spin-off of SeaSpine Holdings Corporation on July 1,

Remarks:

/s/ Richard D. Gorelick; Attorney-in-Fact

02/25/2016

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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