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## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

#### OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

| 1. Name and Addres <u>VANLENT A</u> | ss of Reporting Persor<br>NNE              | )*<br>         | 2. Issuer Name and Ticker or Trading Symbol<br><u>INTEGRA LIFESCIENCES HOLDINGS</u><br><u>CORP</u> [ IART ] |                        | tionship of Reporting Person<br>all applicable)<br>Director                                       | 10% Owner             |  |
|-------------------------------------|--------------------------------------------|----------------|-------------------------------------------------------------------------------------------------------------|------------------------|---------------------------------------------------------------------------------------------------|-----------------------|--|
|                                     | (First)<br>THERAPEUTICS,<br>ROAD EAST, SUI |                | 3. Date of Earliest Transaction (Month/Day/Year)<br>05/17/2006                                              |                        | Officer (give title<br>below)                                                                     | Other (specify below) |  |
| (Street)<br>PRINCETON<br>(City)     | NJ<br>(State)                              | 08540<br>(Zip) | 4. If Amendment, Date of Original Filed (Month/Day/Year)                                                    | 6. Indiv<br>Line)<br>X | ridual or Joint/Group Filing (<br>Form filed by One Report<br>Form filed by More than C<br>Person | ing Person            |  |

### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

| 1. Title of Security (Instr. 3) | 2. Transaction<br>Date<br>(Month/Day/Year) | 2A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | 3.<br>Transaction<br>Code (Instr.<br>8) |   | 4. Securities Acquired (A) or<br>Disposed Of (D) (Instr. 3, 4 and<br>5) |               |       | 5. Amount of<br>Securities<br>Beneficially<br>Owned Following<br>Reported | 6. Ownership<br>Form: Direct<br>(D) or Indirect<br>(I) (Instr. 4) | 7. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |
|---------------------------------|--------------------------------------------|-------------------------------------------------------------|-----------------------------------------|---|-------------------------------------------------------------------------|---------------|-------|---------------------------------------------------------------------------|-------------------------------------------------------------------|-------------------------------------------------------------------|
|                                 |                                            |                                                             | Code                                    | v | Amount                                                                  | (A) or<br>(D) | Price | Transaction(s)<br>(Instr. 3 and 4)                                        |                                                                   | (113(11.4)                                                        |

### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of<br>Derivative<br>Security<br>(Instr. 3)       | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | 3. Transaction<br>Date<br>(Month/Day/Year) | 3A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | 4.<br>Transa<br>Code (<br>8) |   | of    |     | 6. Date Exercisable and<br>Expiration Date<br>(Month/Day/Year) |                    | 7. Title and<br>Amount of<br>Securities<br>Underlying<br>Derivative Security<br>(Instr. 3 and 4) |                                        | 8. Price of<br>Derivative<br>Security<br>(Instr. 5) | 9. Number of<br>derivative<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported<br>Transaction(s)<br>(Instr. 4) | 10.<br>Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | 11. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |
|-----------------------------------------------------------|-----------------------------------------------------------------------|--------------------------------------------|-------------------------------------------------------------|------------------------------|---|-------|-----|----------------------------------------------------------------|--------------------|--------------------------------------------------------------------------------------------------|----------------------------------------|-----------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------|--------------------------------------------------------------------|
|                                                           |                                                                       |                                            |                                                             | Code                         | v | (A)   | (D) | Date<br>Exercisable                                            | Expiration<br>Date | Title                                                                                            | Amount<br>or<br>Number<br>of<br>Shares |                                                     |                                                                                                                            |                                                                          |                                                                    |
| Non-<br>Qualified<br>Stock<br>Option<br>(right to<br>buy) | \$37.53                                                               | 05/17/2006                                 |                                                             | A                            |   | 7,500 |     | 11/17/2006                                                     | 05/17/2012         | Common<br>Stock                                                                                  | 7,500                                  | \$0                                                 | 7,500                                                                                                                      | D                                                                        |                                                                    |

Explanation of Responses:

/s/ Jeffrey Hellman, Attorney-

in-Fact

05/18/2006

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.