FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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OMB Number:	3235-028
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OMB APPROVAL

## Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Last)	. Name and Address of Reporting Person*  LEONETTI DEBORAH A  (Last) (First) (Middle)  311 C ENTERPRISE DRIVE					2. Issuer Name and Ticker or Trading Symbol INTEGRA LIFESCIENCES HOLDINGS CORP [ IART ]  3. Date of Earliest Transaction (Month/Day/Year)							(Ch	5. Relationship of Reporting Person(s) to Issue Check all applicable)  Director  Difficer (give title below)  VP Marketing				/ner
(Street)	BORO 1	NJ	08536 (Zip)			12/31/2003  4. If Amendment, Date of Original Filed (Month/Day/Year)						Line	6. Individual or Joint/Group Filing (Check Applicable Line)  X Form filed by One Reporting Person Form filed by More than One Reporting Person					
		Tab	le I - No	on-Deri	vativ	e Sec	curitie	s Ac	quired	l, Di	sposed o	f, or Bei	neficial	ly Owned				
1. Title of Security (Instr. 3)  2. Transac Date (Month/Da				Execution Date,				es Acquired (A) or Of (D) (Instr. 3, 4 and		Benefici Owned I	es ally Following	Form (D) o	: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership				
								Code	v	Amount	(A) or (D)	Price		action(s) . 3 and 4)			(Instr. 4)	
Common Stock 12/31/20					2003(1	003 <sup>(1)</sup> 12/31/2003		I		1,416	A	\$15.002	25 7,	,451		D		
1. Title of Derivative	2. Conversior	3. Transaction	3A. Deen	(e.g.,		calls		rants	s, optio	ns,	oosed of, convertil		rities)	8. Price of Derivative	9. Number		10. Ownership	11. Nature
Security (Instr. 3)	or Exercise Price of Derivative Security	se (Month/Day/Year)	if any (Month/D	´	Code ( 8)				(Month/Day/Ye			Securities Underlyin Derivative (Instr. 3 ar	g Security	Security (Instr. 5)	Securities Beneficial Owned Following Reported Transactio (Instr. 4)	ly	Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
					Code	v	(A)		Date Exercisal	ble	Expiration Date	Title	Amount or Number of Shares					
Incentive Stock Option (right to buy)	\$28.78	01/02/2004	01/02	/2004	A		4,130		01/02/200	)5 <sup>(2)</sup>	01/02/2010	Common Stock	4,130	\$0.00	4,130		D	
Non- Qualified Stock Option (right to buy)	\$28.78	01/02/2004	01/02	/2004	A		3,870		01/02/200	)5 <sup>(2)</sup>	01/02/2010	Common Stock	3,870	\$0.00	3,870		D	

## **Explanation of Responses:**

- 1. Shares acquired pursuant to Integra LifeSciences' 1998 Employee Stock Purchase Plan under Section 423 of the Internal Revenue Code of 1986, as amended, in a transaction exempt under Rule 16b-3.
- 2. 25% of the options vest one year after the grant date, with the remaining 75% vesting monthly thereafter 36 months.

/s/ Christie A. Davis-Cumming (Attorney in fact)

01/05/2004

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.