SEC Form 4	
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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden

0.5

hours per response:

	Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(b) of the Investment Company Act of 1940

					01	Secuc	11 30(e invest	ment	Com	pany Act	01 194	ŧU							
1. Name and Address of Reporting Person [*] Singh Harvinder					IN	2. Issuer Name and Ticker or Trading Symbol <u>INTEGRA LIFESCIENCES HOLDINGS</u> <u>CORP</u> [IART]									(Ch	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner v Officer (give title Other (specify					
(Last) (First) (Middle) 1100 CAMPUS ROAD						3. Date of Earliest Transaction (Month/Day/Year) 03/10/2024										below))	T, IN	below) TERNATI		
(Street) PRINCETON NJ 08540 (City) (State) (Zip)					-	4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person Rule 10b5-1(c) Transaction Indication											rting				
		Tab	le I - Noi	n-Deriv	/ative	satisf	y the a	affirmativ	e defens	e conc	ditions	s of Rule '	10b5-1(c). See	Instructi				hat is intende		
1. Title of Security (Instr. 3) Date (Month/D					Execution			C0	Transaction Dispose Code (Instr. 5)			rities Acquired (A) ed Of (D) (Instr. 3, 4			Benefici Owned	es ially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
									_	ode \	v	Amount		(A) or (D)	Price	Reporte Transac (Instr. 3	tion(s) and 4)			(Instr. 4)	
Common	Stock			03/1	0/202	4			N	M		1,17	9	A	\$0	l,	179	D			
		I	able II -									sed of onverti				Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemo Execution if any (Month/Da	Date,	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Expira (Monti	ation D)ate	ble and	7. Title and Amount of Securities Underlying Derivative Secur (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	e s Illy g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirec Beneficial Ownershi (Instr. 4)	
					Code	v	(A)	(D)	Date Exerci	isable	Ex Dat	piration te	Title		mount r lumber f shares						
Restricted Stock	\$0 ⁽¹⁾	03/10/2024			м			1 1 7 9	(1	D		(1)	Comn	non	1 1 7 9	\$ 0	14 361	(2)	D		

Explanation of Responses:

1. The award was a restricted stock unit award which will vest 33% on the first and second anniversaries and 34% on the third anniversary of the grant date of 3/10/2023.

2. Includes adjustment to correct a de minimis error on a previously filed Form 4 of the reporting person which had resulted in the over-reporting of restricted stock units ("RSUs") beneficially-owned by the reporting person by ninety-five RSUs.

Remarks:

Units

/s/ Eric Schwartz; Attorney-in-03/12/2024

Fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.