FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OMB APPROVAL OMB Number: 3235-

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* VANLENT ANNE					IN	Susuer Name and Ticker or Trading Symbol INTEGRA LIFESCIENCES HOLDINGS CORP [IART] Date of Earliest Transaction (Month/Day/Year) 05/17/2011									Check all	tionship of Reporting all applicable) Director Officer (give title below)		g Person(s) to Issuer 10% Owner Other (specify below)	
(Last) (First) (Middle) 311 C ENTERPRISE DR					3. [
(Street) PLAINSBORO NJ 08536 (City) (State) (Zip)				4. 11	4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable ne) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
		Ţ	able I - No	n-Deriv	ative	Se	curiti	es Ac	quired,	Dis	posed o	of, or	Ben	eficia	ally Ov	vned			
Date				Date			2A. Deemed Execution Date, if any (Month/Day/Year)		Code (Transaction Dispos Code (Instr. 5)		rities Acquired (A) ed Of (D) (Instr. 3, 4			nd Se Be Ov	Amount of curities neficially vned Following ported	For (D)	Ownership rm: Direct or Indirect (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
									Code	v	Amount		(A) or (D)	Price	ͺ Tra	ansaction(s) str. 3 and 4)			(instr. 4)
Common Stock 05/17/						2011		A		2,500		A	\$0.	00	0 5,978		D		
			Table II -								sed of, onvertib				y Own	ed			
1. Title of Derivative Security (Instr. 3)				n Date,	Code (Instr.		n of Deri Secu Acqu (A) of Disp of (I (Inst and	of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		o. Date Exercisable and Expiration Date Month/Day/Year) Date Expiration Exercisable Date			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4) Amoun or Number of Title Shares		8. Price Derivati Security (Instr. 5	ve derivative Securities	y	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)

Explanation of Responses:

Remarks:

/s/ Kathryn Lamping; Attorney-in-Fact 05/19/2011

** Signature of Reporting Person Date

 $Reminder: Report \ on \ a \ separate \ line \ for \ each \ class \ of \ securities \ beneficially \ owned \ directly \ or \ indirectly.$

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.