FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

Washington,	D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPRO	VAL
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					or s	Secti	on 30(h)	of the I	nvestme	nt Cor	mpany Act	of 194	40						
1. Name and Address of Reporting Person* HENNEMAN JOHN B III					IN	2. Issuer Name and Ticker or Trading Symbol INTEGRA LIFESCIENCES HOLDINGS CORP [IART]									Check all ap Dire V Offi	pplicable) ector cer (give title	Other	Owner (specify	
(Last) (First) (Middle) 311 C ENTERPRISE DRIVE						3. Date of Earliest Transaction (Month/Day/Year) 04/27/2011									EVP, Finance & Admin & CFO				
(Street) PLAINS (City))8536 Zip)		- 4. If	f Ame	endment	, Date o	f Origina	l Filed	i (Month/Da	ay/Yea	ar)		ne) X For For	m filed by One	o Filing (Check /	son	
		Tab	e I - No	n-Deriv	/ative	Se	curitie	es Acc	juired,	Dis	posed o	f, or	Ben	eficia	ally Own	ed			
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)					Execution Date,		n Date,	Transaction Disposed Code (Instr. 5)		ities Acquired (A) d Of (D) (Instr. 3,		(A) or 3, 4 ar	nd Secu Bene	ficially ed Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
								Code	v	Amount	((A) or (D)	Price	Trans	saction(s) . 3 and 4)		(111501.4)		
Common Stock 04/27/				7/2011	/2011		G ⁽¹⁾	V	38,507	7 D \$0.		\$0.0	0 ⁽¹⁾ 72,149		D				
		Ta									sed of, onvertib				y Owned	I			
Derivative Conversion D			Date Execution Date,			Transaction Code (Instr. 8)		of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year) Date Expiration			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4) Amour or Numbe of		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction((Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	

Explanation of Responses:

1. This transaction involved a transfer of stock for no value.

Remarks:

/s/ Kathryn Lamping; 04/29/2011 Attorney-in-Fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.