FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF CHANGES	S IN BENEF	ICIAL O	WNERSH	IΡ

OMB APPRO)VAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* SULLIVAN JAMES M (Last) (First) (Middle) 311 ENTERPRISE DR (Street) PLAINSBORO NJ 08536 (City) (State) (Zip)					3. D 08/	Issuer Name and Ticker or Trading Symbol INTEGRA LIFESCIENCES HOLDINGS CORP [IART] Date of Earliest Transaction (Month/Day/Year) 08/19/2008 4. If Amendment, Date of Original Filed (Month/Day/Year)								S. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner Officer (give title below) 6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
1. Title of Security (Instr. 3) 2. Transa Date (Month/D.					action	ay/Year) Execution Date, if any (Month/Day/Year)			3. Trans	actior (Instr	4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 5) Amount (A) or (D)			5. Amount of		Form (D) o	: Direct r Indirect str. 4)	7. Nature of Indirect Seneficial Ownership Instr. 4)
1. Title of Derivative Security (Instr. 3)	Table II - Derivat (e.g., pi 2. Conversion or Exercise Price of Derivative Security 3. Transaction Date (Month/Day/Year) (Month/Day/Year) 3. Transaction Execution Date, if any (Month/Day/Year)		4. Transa Code (I 8)	ve Securities Acquets, calls, warrants ansaction of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			puired, Disposed of s, options, convert 6. Date Exercisable and Expiration Date (Month/Day/Year) Date Expiration Date Expiration Date Expiration						9. Number derivative Securities Beneficiall Owned Following Reported Transactic (Instr. 4)	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
Non- Qualified Stock Option (right to buy)	\$48.68	08/19/2008			A	<u> </u>	4,930		08/19/20	1	08/19/2016	Common Stock	4,930	\$0.00	4,930		D	

Explanation of Responses:

Kathryn Lamping Attorney-in-

fact

** Signature of Reporting Person

08/21/2008 Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.