FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* GRAVES JEFFREY A						2. Issuer Name and Ticker of Trading Symbol INTEGRA LIFESCIENCES HOLDINGS CORP [IART]									ck all app Direc	ationship of Report k all applicable) Director Officer (give title		10% Ov	
(Last) 1100 CA	(First) (Middle) MPUS ROAD					3. Date of Earliest Transaction (Month/Day/Year) 05/09/2024									below		below)		specify
(Street) PRINCE	Street) PRINCETON NJ 08540				4. If <i>i</i>	4. If Amendment, Date of Original Filed (Month/Day/Year)									Form	r Joint/Group Filing (Check Applicable in filed by One Reporting Person in filed by More than One Reporting on			
(City)	(Si	ate) (.	Zip)			Check t	his box	to indic	ate that a	a trans	cion Indi action was m	ade pui	rsuant t			uction or writt	en pla	n that is intel	nded to
		Table	I - No	n-Deriva	ative S	Secu	rities	Acq	uired,	Dis	posed of	, or E	Benef	icial	ly Own	ed			
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da					ay/Year) Exec		Deemed cution Date, y nth/Day/Year)		Transaction [Securit Benefic	5. Amount of Securities Beneficially Owner following		n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
									Code	v	Amount	(A) (D)	or P	rice	Transa	ction(s) 3 and 4)			(11341. 4)
Common Stock 05/09/2					2024				A		1,582	A	A	\$0		3,798		D	
Common Stock 05/09/2					/2024				A		8,696	A	A	\$ <mark>0</mark>	0 12,494		D		
		Та									osed of, o				Owne	d			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	ution Date, Chi/Day/Year) 8)		action (Instr. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		rative rities sired r osed) : 3, 4	6. Date Exercisable and Expiration Date (Month/Day/Year) Date Expiration Exercisable Date			Amount of Securities Underlying Derivative Security (Ins 3 and 4) Amount of Security (Ins 7 and 4)		otr.	Price of erivative ecurity nstr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	у	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)

Explanation of Responses:

Remarks:

/s/ Eric Schwartz; Attorney-in-05/13/2024

Fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.