SEC For	rm 4																	
	FORM	4 U	UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549															
Section 16. Form 4 or Form 5 obligations may continue. See				NT OF CHANGES IN BENEFICIAL OWN							ERSHI				3235-0287			
transa contra for the securit intend defens	this box to indi ction was made ct, instruction o purchase or sa ies of the issue ed to satisfy the se conditions of iee Instruction 1	pursuant to a written plan le of equity r that is affirmative Rule 10b5-							ounone	o inpuny n		0						
1. Name and Address of Reporting Person <sup>*</sup> <u>Mosebrook Jeffrey</u>						2. Issuer Name and Ticker or Trading Symbol <u>INTEGRA LIFESCIENCES HOLDINGS</u> <u>CORP</u> [ IART ]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner Officer (give title Other (specify					
(Last) (First) (Middle) 1100 CAMPUS ROAD					3. Date of Earliest Transaction (Month/Day/Year) 08/19/2024							below) below) SVP, Fin & Princ Acct Officer						
(Street) PRINCETON NJ 08540 (City) (State) (Zip)					4. lf	4. If Amendment, Date of Original Filed (Month/Day/Year)							<ul> <li>Individual or Joint/Group Filing (Check Applicable ine)</li> <li>Form filed by One Reporting Person</li> <li>Form filed by More than One Reporting Person</li> </ul>					
		Table	-	Non-Deriva	ative	Secur	ities A	cqui	red, D	isposed	of, or	Benefi	cially Ov	vned				
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Y					Executio		n Date,		action (Instr.	4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 ar			d 5) See Be Ow	Amount of curities neficially ned Following	Forn (D) c Indir	n: Direct or rect (I)	7. Nature of Indirect Beneficial Ownership	
								Code	v	Amount	(A) or (D)	Price	Reported Transaction( (Instr. 3 and 4		(Instr. 4)		(Instr. 4)	
Common Stock 08/19/202					.4			S		1,191	D	\$21.5	792 <sup>(1)</sup>	36,088		D		
		Та	ble	II - Derivati (e.q., pu						sposed o , conver				ned				
1. Title of Derivative Security (Instr. 3)	Derivative Conversion Date Security or Exercise (Month/Day/Y		3A. Deemed Execution Date,		4. Trans	saction (Instr.	5. Numb of Derivati Securiti Acquire (A) or Dispose of (D) (Instr. 3 and 5)	per 6. Ex ve (M es ed		ercisable an Date	d 7. Ti Amo Sec Und Deri	tle and ount of urities erlying vative urity (Inst	8. Price Derivati Security (Instr. 5)	ve derivative Securities	y E (	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
												or	1					

Explanation of Responses:

1. The price shown above represents the weighted average price of the shares sold. The range of the sale prices was \$21.575 to \$21.58. The reporting person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in footnote (1) to this Form 4.

(D)

(A)

Date Exercisable

**Remarks:** 

/s/ Eric Schwartz; Attorney-in-08/20/2024

Fact

Expiration Date

\*\* Signature of Reporting Person Date

of Shares

Title

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Code

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Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.