

OMB APPROVAL	
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>REUVERS DANIEL L.</u> (Last) (First) (Middle) 1100 CAMPUS ROAD (Street) PRINCETON NJ 08540 (City) (State) (Zip)	2. Issuer Name and Ticker or Trading Symbol <u>INTEGRA LIFESCIENCES HOLDINGS CORP [IART]</u>	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director _____ 10% Owner _____ Officer (give title below) <input checked="" type="checkbox"/> Other (specify below) _____ CVP,PRES - CODMAN SPC SURGICAL
	3. Date of Earliest Transaction (Month/Day/Year) 03/13/2020	
4. If Amendment, Date of Original Filed (Month/Day/Year)		

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	02/27/2020		G ⁽¹⁾	V	200	A	\$0.00	200	I	By Children
Common Stock	02/27/2020		G ⁽¹⁾	V	200	D	\$0.00	40,678	D	
Common Stock	03/13/2020		F		164	D	\$43.39	40,514	D	
Common Stock	03/13/2020		F		196	D	\$43.39	40,318	D	
Common Stock	03/13/2020		F		184	D	\$43.39	40,134	D	
Common Stock	03/13/2020		A		3,872	A	\$0.00	44,006	D	
Common Stock	03/13/2020		F		476	D	\$43.39	43,530	D	
Common Stock	03/13/2020		F		612	D	\$43.39	42,918	D	
Common Stock	03/13/2020		F		445	D	\$43.39	42,473	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	V	(A)	(D)	Date Exercisable	Expiration Date						Title
Non-Qualified Stock Option (right to buy)	\$43.39	03/13/2020		A		19,340		(2)	03/13/2028	Common Stock	19,340	\$0.00	19,340	D	

Explanation of Responses:

- This transaction involved a gift of securities by the reporting person to his two adult children, who do not share the reporting person's household. The reporting person disclaims beneficial ownership of the shares held by his two children, and this report should not be deemed an admission that the reporting person is the beneficial owner of his children shares for purposes of Section 16 or any other purpose.
- 25% of the stock options vest every first, second, third and fourth anniversaries of the grant date of 3/13/2020.

Remarks:

/s/ Eric Schwartz; Attorney-in-Fact 03/17/2020

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.