Instruction 1(b).

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL											
OMB Number: 3235-0											
Estimated average burden											
hours por rosponso	. 05										

Name and Address of Reporting Person* McBreen Michael J.				IN	2. Issuer Name and Ticker or Trading Symbol INTEGRA LIFESCIENCES HOLDINGS CORP [IART]								Check	all app Direc	o of Reporting Pe licable) tor er (give title		10% C	
(Last) (First) (Middle) 1100 CAMPUS ROAD					3. Date of Earliest Transaction (Month/Day/Year) 06/01/2021								X Officer (give title Other (specific below) EVP & President, CSS					
(Street) PRINCETON NJ 08540 (City) (State) (Zip)					4. If Amendment, Date of Original Filed (Month/Day/Year)								. Indiv ine) X	´				
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3) 2. Trans Date (Month/)				saction //Day/Year)	Execution Date		Date,	3. 4. Securitie Disposed C Code (Instr. 8)				4 and Securi Benefi		ities F icially (d Following (Ownership m: Direct or Indirect Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
								Code	v	Amount	(A) or (D) Pri			Transa	ction(s) 3 and 4)			(1130.4)
Common Stock 06/01/2				1/2021	2021			F		1,505	D	\$68	.37 17,768		7,768		D	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	rivative Conversion Date Execution Date, curity or Exercise (Month/Day/Year) if any		Code	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year) Date Expiration Exercisable Date			7. Title and Amount of Securities Underlying Derivative Security (Insi 3 and 4)		unt ber		9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)		

Explanation of Responses:

Remarks:

/s/ Eric Schwartz; Attorney-in-06/02/2021

Fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.