

Integra LifeSciences to Host Analyst Forum on November 21, 2005

PLAINSBORO, N.J., Nov. 2, 2005 (PRIMEZONE) -- Integra LifeSciences Holdings Corporation (Nasdaq:IART) announced today that it will host an Analyst Forum on Monday, November 21, 2005 at 3:00 PM Eastern Time at the New York Marriott East Side Hotel in New York City. The meeting, which will be hosted by Stuart Essig, Integra LifeSciences' President and Chief Executive Officer, will feature an overview of our business, a discussion of our products and pipeline, and a review of our operations and financial performance. Our senior marketing, sales and regulatory teams will also discuss marketing strategies and regulatory approval process for several of our key products. A question and answer session will follow the formal presentations.

The Analyst Forum is open to all analysts and investors. Those who wish to attend the Analyst Forum in person should send an email to the attention of Dorothy Smith (dsmith@Integra-LS.com) by November 15, 2005 requesting a reservation to attend in person. Access to the live presentations will be available by dialing (973) 935-8511 or through a listen-only webcast via a link provided on the home page of Integra's website at http://www.Integra-LS.com. Listeners participating via telephone or webcast will not be able to ask questions during the question and answer session.

A replay of the Analyst Forum will be accessible starting one hour following the live event. Access to the replay will be available through December 5, 2005 by dialing (973) 341-3080 (access code 6568519) or through the webcast accessible on our home page.

Integra LifeSciences Holdings Corporation is a diversified medical technology company that develops, manufactures, and markets medical devices for use in a variety of applications. The primary applications for our products are neurosurgery, reconstructive surgery and general surgery. Integra is a leader in applying the principles of biotechnology to medical devices that improve patients' quality of life. Our corporate headquarters are in Plainsboro, New Jersey, and we have manufacturing and research facilities located throughout the world. We have approximately 1,300 employees. Please visit our website at http://www.Integra-LS.com.

Statements made in the upcoming Analyst Forum may be forward-looking within the meaning of the Private Securities Litigation Reform Act of 1995. Such forward-looking statements involve risks and uncertainties that could cause actual results to differ materially from predicted results. Forward-looking factors that may be discussed include, but are not limited to, expected financial results, new product development, governmental approvals, market potential, and expected sales and potential therapeutic applications of new products. In addition, the economic, competitive, governmental, technological and other factors identified under the heading "Factors That May Affect Our Future Performance" included in the Business section of Integra's Annual Report on Form 10-K for the year ended December 31, 2004 and information contained in subsequent filings with the Securities and Exchange Commission could affect actual results.

CONTACT: Integra LifeSciences Holdings Corporation John B. Henneman, III, Executive Vice President Chief Administrative Officer (609) 936-2481 jhenneman@Integra-LS.com

Maria Platsis, Senior Director of Corporate Development and Investor Relations (609) 936-2333 mplatsis@Integra-LS.com