FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Evoli Lisa						2. Issuer Name and Ticker or Trading Symbol INTEGRA LIFESCIENCES HOLDINGS CORP [IART]									Check all	applicable) irector	olicable) ctor		wner
(Last) (First) (Middle) 311 C ENTERPRISE DRIVE						3. Date of Earliest Transaction (Month/Day/Year) 08/01/2019									Λ b	elow)	w) below		
Street) PLAINSBORO NJ 08536 (City) (State) (Zip)				4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									ine) X F F	,				
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
Date					Execution Date Day/Year) if any			on Date,	Transaction Disposed Code (Instr. 5)						nd Se Be Ov	curities neficially med Following	Fo (D)	orm: Direct) or Indirect	7. Nature of Indirect Beneficial Ownership (Instr. 4)
									Code	v	Amount		(A) or (D)	Price	_ Tra	nsaction(s)	action(s)		(111311.4)
Common Stock 08/01/						2019		A		3,154	4	A	\$0.	00	5,742		D		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
or Exerci Price of	ion ise	Date	Execution if any	Date, sy/Year)	Code (8)	ransaction code (Instr.)		of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		Expiration Date (Month/Day/Year) Date Expiration			Amoun or Numbe of		Derivati Security	derivative Securities Beneficial Owned Following Reported	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
	BORO Security (I	(First NTERPRISE BORO NJ (State Stock Stoc	(First) (INTERPRISE DRIVE BORO NJ (State) (Table Security (Instr. 3) Stock Table Security (Instr. 3) Stock Table Security (Instr. 3)	(First) (Middle) NTERPRISE DRIVE BORO NJ 08536 (State) (Zip) Table I - Nor Security (Instr. 3) Stock Table II - L ((Instr. 3) (Instr. 3) ((First) (Middle) NTERPRISE DRIVE BORO NJ 08536 (State) (Zip) Table I - Non-Derive Conversion or Exercise Price of Derivative (Month/Day/Year) Sissemble 1 - Non-Derive (e.g., pt. 2.) Table II - Derivate (e.g., pt. 3. Transaction Date (Month/Day/Year) (Month/Day/Year)	IN CC	(First) (Middle) NTERPRISE DRIVE BORO NJ 08536 (State) (Zip) Table I - Non-Derivative Se Security (Instr. 3) Stock Table II - Derivative Security (Month/Day/Year) Table II - Derivative Security (e.g., puts, calls (Month/Day/Year) 2. Transaction Date (Month/Day/Year) Stock 3. Transaction Date (Month/Day/Year) A. Transaction Code (Instr. 3) 3. 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Transaction Date (if any (Month/Day/Year)) (Month/Day/Year) (Month/Day/Year)	(First) (Middle) NTERPRISE DRIVE BORO NJ 08536 (State) (Zip) Table I - Non-Derivative Securities Accurate (Month/Day/Year) Stock Table II - Derivative Securities Acquage (e.g., puts, calls, warrants, and compared the compared of Derivative Security Stock Table II - Derivative Securities Acquage (e.g., puts, calls, warrants, and compared the compared to the	CORP IART Security Instr. 3 Security (Instr. 3) Security (Instr. 3, 4 and 5) Security (Instr	Integral Lifescience Corp Life	INTEGRA LIFESCIENCES HOLE	INTEGRA LIFESCIENCES HOLDIT CORP [IART] 3. Date of Earliest Transaction (Month/Day/Year) 08/01/2019 4. If Amendment, Date of Original Filed (Month/Day/Year) 08/01/2019 4. If Amendment, Date of Original Filed (Month/Day/Year) 08/01/2019 5. Table I - Non-Derivative Securities Acquired, Disposed of, or Education Date, (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) 5. Stock 7. Table II - Derivative Securities Acquired, Disposed of (Original Filed (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) 7. Table II - Derivative Securities Acquired, Disposed of, or Education Date (e.g., puts, calls, warrants, options, convertible security 8. S. Number of Expiration Date (Month/Day/Year)	State Corp. Security (Instr. 3) Secu	INTEGRA LIFESCIENCES HOLDINGS CORP [IART]	INTEGRA LIFESCIENCES HOLDINGS Check all Check all Companies Companie	INTEGRA LIFESCIENCES HOLDINGS Check all applicable Director X Officer (give tittle below) OR/01/2019 S. Date of Earliest Transaction (Month/Day/Year) Chief Human Chief Human Security (Instr. 3) OR OR OR OR OR OR OR O	INTEGRA LIFESCIENCES HOLDINGS Corp Lart	INTEGRA LIFESCIENCES HOLDINGS CORP [IART] 3. Date of Earliest Transaction (Month/Day/Year) 08/01/2019 4. If Amendment, Date of Original Filed (Month/Day/Year) (State) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned Security (Instr. 3) 2. Transaction (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Stock 08/01/2019 Table II - Derivative Securities Acquired, Disposed of (D) (Instr. 3, 4 and 5) (Instr. 2 and 4) Table II - Derivative Securities Acquired, Disposed of (D) (Instr. 3 and 4) Table II - Derivative Securities Acquired, Disposed of (D) (Instr. 3 and 4) Table II - Derivative Securities Acquired, Disposed of (D) (Instr. 3 and 4) Table II - Derivative Securities Acquired, Disposed of (D) (Instr. 3 and 4) Table II - Derivative Securities Acquired, Disposed of (D) (Instr. 3 and 4) Table II - Derivative Securities Acquired, Disposed of (D) (Instr. 3 and 4) Table II - Derivative Securities Acquired, Disposed of (D) (Instr. 3 and 4) Table II - Derivative Securities Acquired, Disposed of (D) (Instr. 3 and 4) Table II - Derivative Securities Acquired, Disposed of (D) (Instr. 3 and 4) Table II - Derivative Securities Acquired, Disposed of (D) (Instr. 3 and 4) Table II - Derivative Securities Acquired, Disposed of (D) (Instr. 3 and 4) Table II - Derivative Securities Acquired, Disposed of (D) (Instr. 3 and 4) Table II - Derivative Securities Acquired, Disposed of (D) (Instr. 3 and 4) Table II - Derivative Securities Acquired, Disposed of (D) (Instr. 4) Table II - Derivative Securities Acquired, Disposed of (D) (Instr. 4) Table II - Derivative Securities Acquired, Disposed of (D) (Instr. 4) Table II - Derivative Securities Acquired, Disposed of (D) (Instr. 4) Table II - Derivative Securities Acquired, Disposed of (D) (Instr. 4) Table II - Derivative Securities Acquired, Disposed of (D) (Instr. 4) Table II - Derivative Securities Acquired, Disposed of (D) (Instr. 4) Table II - Derivative Securities Acquired, Disposed of (D) (Instr. 4) T

Explanation of Responses:

Remarks:

Eric Schwartz; Attorney-in-

Fact

** Signature of Reporting Person

Date

08/02/2019

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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