

OMB APPROVAL	
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* HOLTZ DAVID B	2. Issuer Name and Ticker or Trading Symbol INTEGRA LIFESCIENCES HOLDINGS CORP [IART]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) <input checked="" type="checkbox"/> Director 10% Owner <input type="checkbox"/> Officer (give title below) Other (specify below) Sr. VP, Finance &
	3. Date of Earliest Transaction (Month/Day/Year) 06/03/2003	
(Last) (First) (Middle)	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line) <input checked="" type="checkbox"/> Form filed by One Reporting Person <input type="checkbox"/> Form filed by More than One Reporting Person
(Street)		
(City) (State) (Zip)		

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	06/03/2003	06/03/2003	S		3,159	D	27.81	0	D	
Common Stock	06/03/2003	06/03/2003	M		3,159	A	3.375	0	D	
Common Stock	06/03/2003	06/03/2003	M		841	A	3.5	0	D	
Common Stock	06/03/2003	06/03/2003	S		841	D	27.81	0	D	
Common Stock	06/03/2003	06/03/2003	M		5,000	A	3.5	0	D	
Common Stock	06/03/2003	06/03/2003	S		5,000	D	27.5	0	D	
Common Stock	06/03/2003	06/03/2003	M		9,159	A	3.5	0	D	
Common Stock	06/03/2003	06/03/2003	S		9,159	D	27.5	0	D	
Common Stock	06/03/2003	06/03/2003	M		11,841	A	5.875	0	D	
Common Stock	06/03/2003	06/03/2003	S		11,841	D	27.5	5,963	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	V	(A)	(D)	Date Exercisable	Expiration Date						Title
Incentive Stock Option (right to buy)	3.375	06/03/2003		M		3,159		06/03/2003 ⁽¹⁾	12/31/2004	Common Stock	3,159	\$0.00	0	D	
Incentive Stock Option (right to buy)	3.5	06/03/2003	06/03/2003	M		841		06/03/2003 ⁽¹⁾	03/29/2005	Common Stock	841	\$0.00	0	D	
Incentive Stock Option (right to buy)	3.5	06/03/2003	06/03/2003	M		5,000		06/03/2003 ⁽¹⁾	03/29/2005	Common Stock	5,000	\$0.00	0	D	
Incentive Stock Option (right to buy)	3.5	06/03/2003	06/03/2003	M		9,159		06/03/2003 ⁽¹⁾	03/29/2005	Common Stock	9,159	\$0.00	0	D	
Incentive Stock Option (right to buy)	5.875	06/03/2003	06/03/2003	M		11,841		06/03/2003 ⁽¹⁾	12/31/2005	Common Stock	11,841	\$0.00	6,489	D	

Explanation of Responses:

1. 25% of the options vest one year after the grant date, with the remaining 75% vesting monthly thereafter over 36 months.

Christie A. Davis (Attorney in fact) 06/04/2003

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.