

OMB APPROVAL	
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**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

1. Name and Address of Reporting Person* <u>REUVERS DANIEL L.</u> (Last) (First) (Middle) 1100 CAMPUS ROAD (Street) PRINCETON NJ 08540 (City) (State) (Zip)			2. Issuer Name and Ticker or Trading Symbol <u>INTEGRA LIFESCIENCES HOLDINGS CORP [ IART ]</u>			5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director _____ 10% Owner _____ <input checked="" type="checkbox"/> Officer (give title below) _____ Other (specify below) _____ <b>CVP,PRES - CODMAN SPC SURGICAL</b>		
			3. Date of Earliest Transaction (Month/Day/Year) 05/11/2020					
			4. If Amendment, Date of Original Filed (Month/Day/Year)			6. Individual or Joint/Group Filing (Check Applicable Line) <input checked="" type="checkbox"/> Form filed by One Reporting Person Form filed by More than One Reporting Person		

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	05/11/2020		M		2,420	A	\$26.865	44,893	D	
Common Stock	05/11/2020		S		2,420	D	\$52.59 <sup>(1)</sup>	42,473	D	
Common Stock	05/11/2020		M		4,978	A	\$43.68	47,451	D	
Common Stock	05/11/2020		S		4,978	D	\$52.59 <sup>(1)</sup>	42,473	D	
Common Stock	05/11/2020		M		10,446	A	\$38.425	52,919	D	
Common Stock	05/11/2020		S		10,446	D	\$52.59 <sup>(1)</sup>	42,473	D	
Common Stock	05/11/2020		M		5,486	A	\$32.585	47,959	D	
Common Stock	05/11/2020		S		5,486	D	\$52.59 <sup>(1)</sup>	42,473	D	
Common Stock								200	I	By Children

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)**

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Non-Qualified Stock Option (right to buy)	\$26.865	05/11/2020		M			2,420	(2)	03/23/2023	Common Stock	2,420	\$0.00	0 <sup>(3)(4)</sup>	D	
Non-Qualified Stock Option (right to buy)	\$32.585	05/11/2020		M			5,486	(5)	03/14/2024	Common Stock	5,486	\$0.00	0 <sup>(4)</sup>	D	
Non-Qualified Stock Option (right to buy)	\$38.425	05/11/2020		M			10,446	(6)	12/01/2024	Common Stock	10,446	\$0.00	0 <sup>(4)</sup>	D	
Non-Qualified Stock Option (right to buy)	\$43.68	05/11/2020		M			4,978	(7)	03/13/2025	Common Stock	4,978	\$0.00	1,660	D	

**Explanation of Responses:**

- The price shown above represents the weighted average price of the shares sold. The range of sale prices was \$52.45 to \$52.871.
- 25% of the shares of stock options will vest each of the first, second, third and fourth anniversaries of the grant date of 03/23/2015.
- This stock option was previously reported as covering 1,047 shares of common stock at an exercise price of \$62.10 per share, but was adjusted pursuant to the anti-dilution provisions of the award in connection with the spin-off of SeaSpine Holdings Corporation on July 1, 2015.
- In accordance with the terms of the stock option plan, the exercise price of the option and number of shares subject to the option have been adjusted to reflect the two-for-one stock split that occurred on

December 21, 2016.

5. 25% of the shares of stock options will vest each of the first, second, third and fourth anniversaries of the grant date of 03/14/2016.

6. 100% of the shares of stock options will vest on the third anniversary of the grant date of 12/01/2016.

7. 25% of the shares of stock options will vest each of the first, second, third and fourth anniversaries of the grant date of 03/13/2017.

**Remarks:**

/s/ Eric Schwartz; Attorney-in-Fact      05/13/2020

\*\* Signature of Reporting Person      Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

**Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.**