SEC	Form 4	
-----	--------	--

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden 0.5 hours per response:

1. Name and Address of Reporting Person [*] <u>Arduini Peter J</u>			2. Issuer Name and Ticker or Trading Symbol <u>INTEGRA LIFESCIENCES HOLDINGS</u> <u>CORP</u> [IART]		tionship of Reporting Pers all applicable) Director Officer (give title	son(s) to Issuer 10% Owner Other (specify
(Last) 311 C ENTERPF	(First) RISE DRIVE	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 03/13/2018		below) President & CI	below)
(Street) PLAINSBORO (City)	NJ (State)	08536 (Zip)	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indiv Line) X	idual or Joint/Group Filing Form filed by One Repo Form filed by More than Person	orting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transa Code (8)				5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership	
			Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common Stock	03/13/2018		F		11,687	D	\$56.23	165,604	D	
Common Stock	03/13/2018		М		290	A	\$0.00	165,894	D	
Common Stock	03/13/2018		F		290	D	\$56.23	165,604	D	
Common Stock	03/14/2018		F		14,842	D	\$56.14	150,762	D	
Common Stock	03/14/2018		М		368	A	\$0.00	151,130	D	
Common Stock	03/14/2018		F		368	D	\$56.14	150,762	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities) 1. Title of Derivative Security 3. Transaction 3A. Deemed 5. Number 6. Date Exercisable and 7. Title and Amount 8. Price of 9. Number of 10. 11. Nature Execution Date, if any Ownership Form: of Securities Underlying Derivative Security (Instr. 3 and 4) Conversion Derivative Date Transaction Expiration Date derivative of Indirect of (Month/Dav/Year) Derivative (Month/Day/Year) or Exercise Code (Instr. Security Securities Beneficial 8) (Instr. 3) Price of (Month/Day/Year) (Instr. 5) Beneficially Direct (D) Securities Ownership or Indirect (I) (Instr. 4) (Instr. 4) Derivative Acquired Owned Security (A) or Following Disposed of (D) (Instr. 3, Reported Transaction(s) 4 and 5) (Instr. 4) Amount Number Date Expiration of Code v (A) (D) Exercisable Date Title Shares Non-Qualified Stock Option Commo \$56.23 03/13/2018 (1) 03/13/2026 75,069 \$0.00 Α 75.069 75.069 D Stock (right to buy) Restricted Stock Common \$0.00⁽²⁾ 03/13/2018 19,385 (2) (2) 19.385 486,277 D \$0.00 Α Units/Contract Stock Stock Restricted Stock Commo **\$0.00**⁽³⁾ 03/13/2018 (3) (3) \$56.23 485,987 D Μ 290 290 Units/Contract Stock Stock Restricted Stock Common (4) (4) \$0.00⁽⁴⁾ 03/14/2018 М 368 368 \$56.14 485.619 D Units/Contract Stock Stock

Explanation of Responses:

1. The grant will vest as to one-third of the shares on the first anniversary of the grant date of 3/13/2018 and thereafter in monthly installments through the following twenty-four months.

2. The award was a contract stock unit award which will vest in three annual equal installments on the first, second and third anniversaries of the grant date of 3/13/2018 which shall be delivered to Mr. Arduini within 30 days following the first business day that occurs immediately following the six month period after the date of his separation of service as deferred compensation. This award is subject to accelerated vesting upon termination of employment by reason of death or disability or upon a qualifying termination on or within 24 months following the date of a change in control.

3. The award was a contract stock unit award which will vest in three annual equal installments on the first, second and third anniversaries of the grant date of 3/13/17 of which the first installment vested on 3/13/18 and which shall be delivered to Mr. Arduini within 30 days following the first business day that occurs immediately following the six month period after the date of his separation of service as deferred compensation. 4. The award was a contract stock unit award which will vest in three annual equal installments on the first, second and third anniversaries of the grant date of 3/14/16 of which the second installment vested on 3/14/18 and which shall be delivered to Mr. Arduini within 30 days following the first business day that occurs immediately following the six month period after the date of his separation of service as deferred compensation.

Remarks:

/s/ Richard D. Gorelick; Attorney-in-Fact

03/15/2018

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Date

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.