

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP**

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL	
OMB Number:	3235-0287
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1. Name and Address of Reporting Person* <u>HENNEMAN JOHN B III</u>  (Last) (First) (Middle) <u>311 C ENTERPRISE DRIVE</u>  (Street) <u>PLAINSBORO NJ 08536</u>  (City) (State) (Zip)	2. Issuer Name and Ticker or Trading Symbol <u>INTEGRA LIFSCIENCES HOLDINGS CORP [ IART ]</u>	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner Officer (give title below) Other (specify below) Exec VP, CAO, & Secretary
	3. Date of Earliest Transaction (Month/Day/Year) <u>01/06/2006</u>	
4. If Amendment, Date of Original Filed (Month/Day/Year) <u>01/10/2006</u>		

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	01/06/2006		M		3,645	A	\$6.5625	42,409 <sup>(1)</sup>	D	
Common Stock	01/06/2006		S		100	D	\$35.16	42,309 <sup>(2)</sup>	D	
Common Stock	01/06/2006		S		100	D	\$35.2	42,209	D	
Common Stock	01/06/2006		S		100	D	\$35.22	42,109	D	
Common Stock	01/06/2006		S		100	D	\$35.25	42,009	D	
Common Stock	01/06/2006		S		180	D	\$35.27	41,829	D	
Common Stock	01/06/2006		S		323	D	\$35.28	41,506	D	
Common Stock	01/06/2006		S		97	D	\$35.29	41,409	D	
Common Stock	01/06/2006		S		100	D	\$35.31	41,309	D	
Common Stock	01/06/2006		S		100	D	\$35.32	41,209	D	
Common Stock	01/06/2006		S		800	D	\$35.34	40,409	D	
Common Stock	01/06/2006		S		100	D	\$35.38	40,309	D	
Common Stock	01/06/2006		S		400	D	\$35.45	39,909	D	
Common Stock	01/06/2006		S		345	D	\$35.47	39,564	D	
Common Stock	01/06/2006		S		700	D	\$35.5	38,864	D	
Common Stock	01/06/2006		S		100	D	\$35.51	38,764	D	
Common Stock	01/06/2006		M		1,355	A	\$6.5625	40,119	D	

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)**

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date					

**Explanation of Responses:**

- Includes 696 shares acquired under the Issuer's Employee Stock Purchase Plan on December 30, 2005 in a transaction exempt under Rule 16b-3 under the Securities Exchange Act of 1934, as amended. Table II of the original Form 4 has not been amended and is not presented in this amendment as a result.
- This sale, and all other sales reported on this Form 4, was effected pursuant to a Rule 10b5-1 trading plan adopted by the Reporting Person on December 15, 2004.

/s/ Jeffrey Hellman, Attorney-in-Fact 02/07/2006

\*\* Signature of Reporting Person Date

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

**Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.**